

# WELCOME TO MEGHALAYA

*The Abode of Clouds*

**M**eghalaya is a remarkable state in Northeastern India renowned for its misty hills, rapid waterfalls, vibrant culture and festivals. It is also filled with a network of breathtaking caves beckoning to be explored. Meghalaya is also known to be a top destination for those seeking adventure and natural beauty. Because of its distinct habitats and abundant biodiversity, it is a sanctuary for wildlife and bird-watching. With its breathtaking landscapes, deep cultural roots, and the warm hospitality of its residents, Meghalaya offers an array of unforgettable experiences for every visitor. It also offers breathtaking destinations like Sohra and Mawsynram—among the wettest places on Earth—along with crystal-clear rivers in Dawki, living root bridges in Mawlynnong, and scenic landscapes throughout the Khasi, Jaintia, and Garo Hills. Rich in indigenous traditions, music, and festivals, Meghalaya invites you to explore nature, adventure, and heritage all in one magical journey.



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www.meghalayatourism.in



*Greetings from Beautiful ....*

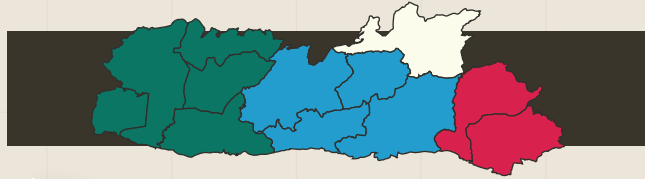
# MEGHALAYA

*The Abode of the Clouds*

**2025  
Travel  
Guide**



# Explore the Hills



## Khasi Hills:

### Shillong Golf Course (Glen Eagles of the East):

The Shillong Golf Course, one of India's oldest, is a stunning 18-hole course surrounded by pine and rhododendron trees, famed for its natural beauty and ranking among the largest golf courses in the world.

**Laitlum Canyon:** Discover the 'End of Hills', where dramatic cliffs meet open sky, offering a tranquil escape that clears the mind and invites a deep sense of connection with nature's vastness.

**Mawlynnong:** This village exemplifies community-based ecotourism and sustainable living, where locals have turned their homes into clean, eco-conscious spaces, preserving culture and offering a unique, immersive glimpse into rural life in Meghalaya.

**Mawmluh Cave:** Mawmluh Cave, India's fourth largest at 7.2 km, marks the Meghalayan Age's Global Stratotype Point. Adorned with ancient stalactites and stalagmites, it holds immense geological value as a defining site in Earth's history.

**Umngot River:** The crystal-clear Umngot River in Meghalaya flows transparently revealing the aquatic wonder underneath. Surrounded by lush hills, it offers a surreal experience and is one of India's cleanest rivers.

## Jaintia Hills:

**Krem Liat Prah:** Krem Liat Prah is one of the world's longest limestone caves. It is said to be of approximately 34 km. The extensive cavern system is also known as the Cave of the Tiger. As you step into the caverns of Krem Liat Prah, prepare to be awed by the stunning limestone formations that look like nature's version of abstract art.

**Krem Puri:** It is known as the world's longest sandstone cave spanning over 24.5 km. Marvel at the beautiful rock formations sculpted by time and water, a real exploration hidden beneath Meghalaya. Beyond its geological marvels, Krem Puri houses fossils of the Mosasaurus, a marine reptile from the Cretaceous period, offering a glimpse into Earth's ancient past.

## Garo Hills:

**Nokrek Biosphere Reserve:** Home to a dazzling array of avian species and a natural paradise for diverse wildlife, this sanctuary offers an escape for nature lovers and anyone who needs a break from the concrete jungle. Here, within this ecosystem, a complex web of life connects every creature, from the smallest insect to the majestic elephant.

**Monolith Park:** The Nartiang Monoliths are a remarkable assemblage of megalithic structures. Located in Nartiang, these monoliths transcend their physical form; they constitute a tangible link to the past. These structures were erected between the 16th and 19th centuries by various clans to commemorate significant events and honor ancestors.



**Siju Caves:** Siju Cave, also known as Siju Dobakkol or the "Bat Cave," is a renowned limestone cave located in the South Garo Hills near the Simsang River and Napak Lake. Spanning approximately 4,772 m, it ranks among India's longest cave systems and is celebrated for its impressive stalactite and stalagmite formations and is home to tens of thousands of bats.

**Wari Chora:** Wari Chora is an adventure waiting to happen. You can trek through the forest, enveloped by the sound of nature. The journey is part of the experience, surrounded by greenery. It is an opportunity to immerse in these clear waters embraced by the forest and the absence of urban clamour.



# Plan your visit to Meghalaya today



## How do i get to Meghalaya?

### Major Airports:

Lokpriya Gopinath Bordoloi International Airport (GAU) - approximately 118 km to Shillong  
Shillong Airport (SHL) - 30 km to Shillong

### Nearest Railway Station:

Guwahati Railway Station - 90 km from Shillong

### Road:

The Guwahati to Shillong road makes for a scenic drive and is one of the best routes in this part of the country



## Where should I stay?

Meghalaya offers diverse accommodations to suit every visitor's needs. From budget-friendly homestays to exclusive resorts and hotels, you'll find the perfect place to call home during your adventure in Meghalaya.

Be sure to book your rooms through official booking portals.

### SCAN QR CODE

for more information



## When is the best time to visit?

The dry season, October to April, is ideal for activities like trekking and exploration.

The monsoon season, May to September, displays the State's serene landscapes and magnificent waterfalls.



## Where can I shop and eat?

Shillong is the main central hub of the State. Police Bazaar, Bara Bazaar and Laitumkhrah, are where you can find everything from clothing to handicrafts; from local produce to smaller shops throughout the state. Dining options are equally diverse, offering a mix of restaurants and cafes serving various cuisines alongside thriving street food.

### SCAN QR CODE

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